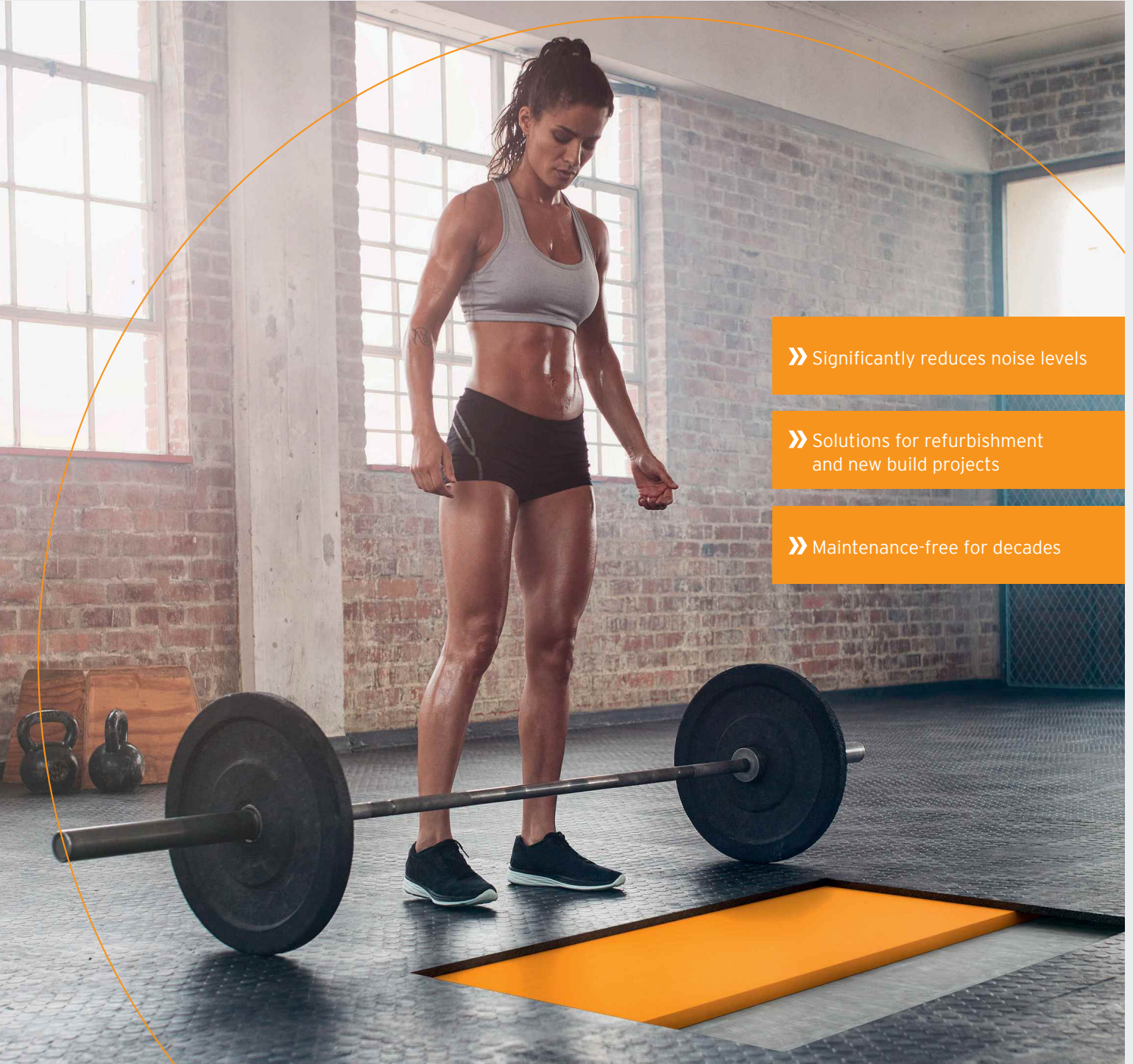


# Effective Noise Protection in Fitness Centres



» Significantly reduces noise levels

» Solutions for refurbishment  
and new build projects

» Maintenance-free for decades



## Significantly reduce noise levels with g-fit

**For operators, the location of a fitness centre plays an important role, but due to noise protection regulations, not every location can be selected for this purpose. This is why noise reduction measures are particularly important during the planning stages of a fitness studio.**

g-fit by Getzner is a product line based on high-tech elastomers, which are installed in the floor or adapted for fitness equipment. This means that they block disturbing noise and vibrations even before they arise.

### Advantages & benefits

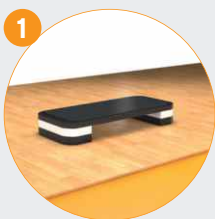
- Flexibility when it comes to the selection of a location, thanks to reduced sound transmission to adjoining floors
- Long-lasting and maintenance-free for many years
- Simple and efficient installation
- Can be retrofitted in existing floors
- Free from contaminants and ideal for areas with demanding health and safety requirements
- No restrictions on usage times imposed by rental agreements
- Value retention as a result of reduced wear on the building structure
- Improved relationships with neighbours and letting agents



**g-fit**  
by getzner

**g-fit solutions for the following areas**

Aerobics area



g-fit Aerobic

Weight lifting area



g-fit Impact  
g-fit Shock Absorb

Cardio area



g-fit Cardio

Equipment area



g-fit Gear

# Perfectly elastic floors with g-fit Aerobic

Optimized sprung floor properties



Lots of people moving in time together causes the floor to vibrate. This is especially true when people start jumping in sync or steps are taken in rhythm; these are the kind of vibrations that can be felt in other areas.

**g-fit Aerobic** decouples the building's floor construction. This means that vibrations are not able to spread. It also gives the floor that bit of bounce needed for certain exercises.

## Benefits:

- No acoustic transfer to any premises below
- Reliable protection and reduced risk of injuries of falls or drops
- Allows for flexible usage of aerobics areas



## Suitable for:

Aerobics, Zumba, Yoga, Pilates, circuit training, martial arts, jumping fitness, group exercises, ball sports

# Reduce the Shock with g-fit Impact and Shock Absorb

Quieter and safer



The weight lifting area is often the most critical area in the fitness studio. There is no way to avoid a certain level of impact when it comes to setting down weights and dumbbells. This generates noise and can even damage the floor. Nor do you want weights to bounce back too much because it could cause injuries.

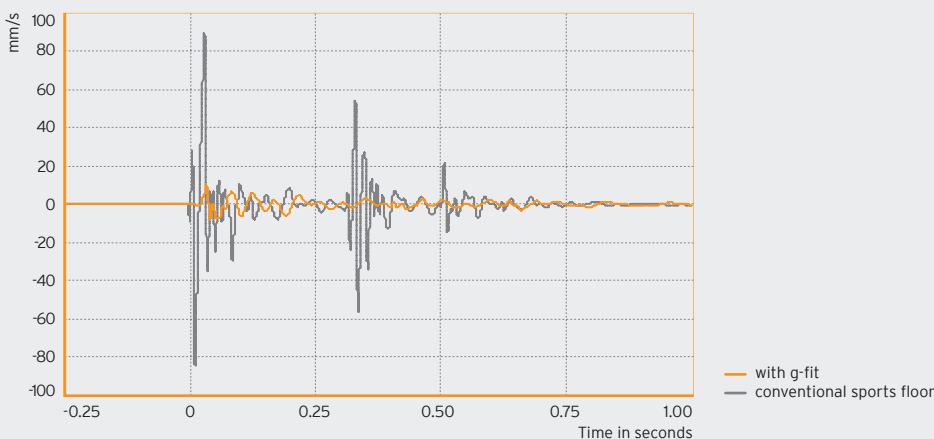
**g-fit Shock Absorb** is a product line that can be retrofitted quickly and easily onto existing floor structures.

**g-fit Impact** is taken into account at the planning stage of new build or refurbishment projects.

## Benefits:

- Reduced noise level when dropping heavy weights
- Reduced risk of injuries caused by weights bouncing back
- Verified stability
- Value retention of the premises because structures stay in good condition
- Can be combined with all conventional floor coverings (top layer)

## Reduction in vibration velocities caused by the impact of a dumbbell



# Weight and Endurance Training on g-fit Cardio

Stops vibrations



A wide variety of equipment is used for endurance training. Spinning, moving wheels and weights generate disturbing vibrations that can be detected as noise.

**g-fit Cardio** is a high-tech material that is laid in the floor and thus provides elastic mounting. Noise is reduced for the long term.

### Benefits:

- Impacts from training equipment are isolated
- High load capacity of floor
- Flexible equipment layout
- Low installation heights
- Individually customisable sound and vibration protection

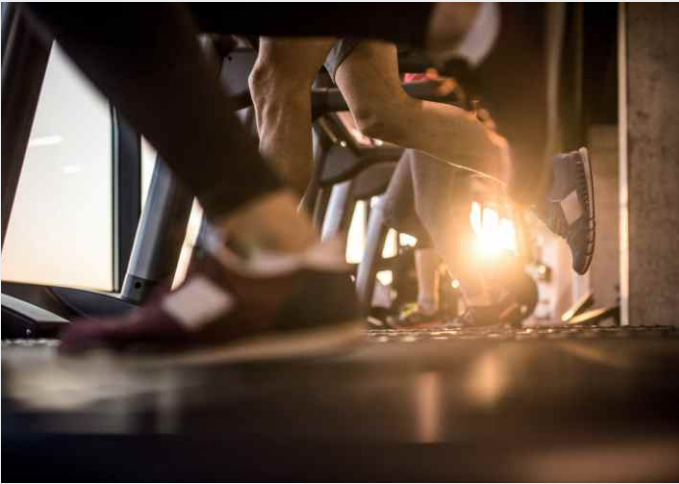


### Effectiveness of the g-fit product portfolio by sector

g-fit type	Performance Index
Base	★★★★☆☆
Advanced	★★★★☆☆
Pro	★★★★☆☆
Extreme	★★★★★★

# Easy Decoupling with g-fit Gear

Straight-forward  
Mounting

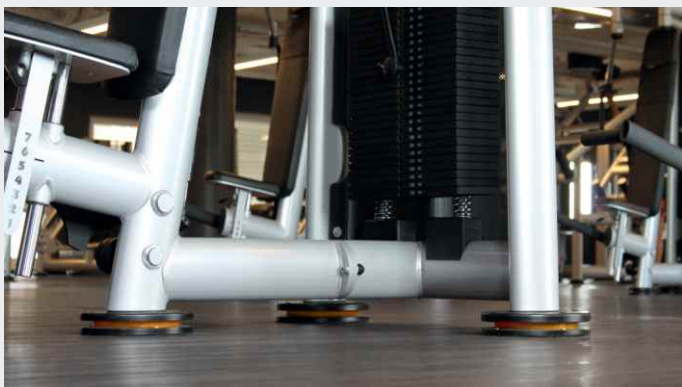


**Treadmills, exercise bikes, cross trainers and other training equipment generate noise and vibrations during use. Training equipment can be subsequently decoupled easily with g-fit Gear, meaning that adjacent rooms are not affected by its use.**

**g-fit Gear** is the best solution for all types of equipment. The modular and customisable system is easy to install and maintenance-free.

## Benefits:

- Reduced acoustic transfer
- Low cost and minimum time required for installation
- No abrasion to floor coverings
- No significant interruptions to operating times
- Service life free from further costs and expenses



g-fit Gear W1210

» *Since we've been using g-fit Gear T300 by Getzner, our neighbours have been left in peace and we haven't had any complaints.*

Feedback from a fitness studio operator



## About Getzner

**W**e offer nearly 50 years of experience in the field of sound control. Expert advice and reliable service are our trademarks. Our customised solutions have already inspired many customers.

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50 years of experience



Worldwide projects

Find out more at  
[www.getzner.com/g-fit](http://www.getzner.com/g-fit)

